

## CURRICULUM VITAE

Kevin Douglas Cairns, MD

### OFFICE

Florida Spine Specialists  
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### PERSONAL

Born 04/03/72 in Los Angeles, California. Married. Interests and hobbies include windsurfing, fishing, music and theatre.

### EDUCATION

Fellowship  
**Georgia Pain Physicians/Emory University**  
Atlanta, Georgia  
Interventional Spine Physiatry Fellow  
July 2005 – January 2006

Fellowship – Neurology  
**Harvard Medical School**  
Boston, Massachusetts  
July 2003 – 2004

Residency  
**Harvard Medical School**  
Boston, Massachusetts  
Physical Medicine & Rehab Resident  
July 2000 – 2003

Internship  
**University of Hawaii**  
Honolulu, Hawaii  
July 1999 – July 2003

Medical School – Doctor of Medicine  
**New York Medical College**  
New York, New York  
August 1995 – May 1999

## **BOARD CERTIFICATION:**

American Board of Physical Medicine & Rehabilitation  
American Board of Pain Medicine (through American Board of  
Anesthesiology)  
American Board of Electrodiagnostic Medicine

## **MAJOR COMMITTEE ASSIGNMENTS**

2002 Health Policy and Legislation Committee Member, American Academy of  
PM&R  
2001 Health Policy and Legislation Committee Member, American Academy of  
PM&R  
2000 Health Policy and Legislation Committee Member, American Academy of PM&R  
1999 University of Hawaii Residency Program Professional Development  
Committee  
1997 New York Medical College Radiology Chair Search Committee

## **AWARDS AND HONORS**

2003 Resident Researcher of the Year, Harvard Medical School, Department of  
PM&R  
1999 Jonas N. Muller, M.D. Preventative Medicine Award  
1999 New York Medical College Cor et Manus Award of Distinction  
1996 New York Medical College Clinical Research Award Stipend

## **PUBLICATIONS**

**Cairns KD**, Vucic S, Kattapuram SV, Siao PT, Schmahmann J, Sciatic Neuropathy  
as a Complication of Rhabdomyolysis Following Prolonged Immobility. (In Review).

Vucic S and **Cairns KD**, Black KR, Siao P, Cros D, Neurophysiologic findings in early  
acute inflammatory demyelinating polyradiculoneuropathy. Clin Neurophysiol. 2004  
Oct; 115(10):2329-35.

Clancy EA, **Cairns KD**, Riley P, Meister M, Kerrigan DC, Effects of Treadmill  
Walking on Plantar Flexor Muscle Firing. Am J Phys Med Rehabil. 2004  
Jul;83(7):507-14.

Siebens H, **Cairns KD**, Schalick W, Fondulis D, Corcoran P, Bartell E, POWER  
Program: People with Disabilities Educating Residents. Am J Phys Med Rehabil.  
2004 Mar;83(3):203-9.

**Cairns KD**, Stein J, Contraversive Pushing After Stroke, (In review)

**Cairns KD**, Finklestein S, Growth Factors and Stem Cells as Treatments for

## **PUBLICATIONS, Continued**

Stroke Recovery. Phys Med Rehabil Clin N Am 2003; 14:5135-S142.

Bean JF, Kiely DK, **Cairns KD**, Morris JN, Influence of Poststroke Urinary Incontinence on Disability: The Nursing Home Setting. Am J Phys Med Rehabil 2003; 82:175-181.

**Cairns KD**, Kiely DK, Bean JF, Morris JN, Influence of Poststroke Urinary Incontinence on Disability: The Nursing Home Setting, Poster Presentation, American Academy of Physiatry 2002

**Cairns KD**, Stein J: Motor function improvement following intrathecal baclofen pump placement in a patient with locked-in syndrome. Am J Phys Med Rehabil 2002; 81:307309.

**Cairns** et al., Contemporary Managed Care Issues for New Physicians 2<sup>nd</sup> edition, Handbooks in Health Care Co., Newtown, Pennsylvania 2001.

**Cairns** et al., Contemporary Managed Care Issues for New Physicians 1<sup>st</sup> edition, Handbooks in Health Care Co., Newtown, Pennsylvania 2000.

## **PRESENTATIONS**

Lecturer, Resident Didactics, Harvard Medical School, "Electrodiagnostic Evaluation of Radiculopathy," November 2003.

Lecturer, Grand Rounds, Spaulding Rehabilitation Hospital, "Quantitative Gait Analysis," September 2002.

Lecturer, SCI Injury Medicine 10<sup>th</sup> symposium Harvard Medical School, "Gait Analysis in Patients with Incomplete Spinal Cord Injury," October 19, 2001.

Lecturer, FCCI, Sarasota, Florida, "Electromyography," April 20, 2006.

Lecturer, Summitt Health, Workers' Compensation, Lakeland, Florida, "Electromyography," June 1, 2006.

Dateline Health, Nova Southeastern University, Ft. Lauderdale, Florida, Fred Lipman, M.D., June 8, 2006.

Lecturer, Broward General Medical Center Grand Rounds, Ft. Lauderdale, Florida, "Spinal Cord Stimulators," August 28, 2006.

## **PRESENTATIONS, Continued**

Lecturer, Broward General Medical Center Grand Rounds, Ft. Lauderdale, Florida, "Back to Health," April 16, 2007.

Guest Speaker, The Rotary Club of Fort Lauderdale North, Ft. Lauderdale, Florida, July 12, 2007.

## **CONTINUING MEDICAL EDUCATION**

American Association of Electrodiagnostic Medicine, Rochester, Minnesota, February 24, 2005, The Evaluation of Suspected Polyneuropathy.

Florida Medical Association, Inc., Tallahassee, FL, January 19, 2006, Domestic Violence.

INFORMED, Jacksonville, Florida, January 23, 2006, HIV/AIDS & Other Bloodborne Pathogens.

INFORMED, Jacksonville, Florida, January 23, 2006.

Kyphon Inflatable Bone Tamp Technology Course, Fort Lauderdale, FL, January 27, 2006.

Florida Medical Association, Inc., Tallahassee, FL, January 31, 2006, Prevention of Medical Errors.

American Academy of Physical Medicine and Rehabilitation, May 12, 2006, Online Case Series.

Florida Medical Association, Inc., Annual Meeting, Certificate of AMA PRA, Tallahassee, FL, August 31, 2006 thru September 3, 2006.

American Academy of Physical Medicine and Rehabilitation, Honolulu, HI, 2006 Annual Assembly, November 9-12, 2006.

ACLS Course, Medtronic Instructor, Spinal Cord Stimulator, Surgical Training Facility, Ft. Lauderdale, FL, November 18, 2006.

Medtronic Course "Challenging Cases in Pain Management, Dallas, Texas, August 17-18, 2007.

Starfish Health Partners, accredited by IMQ/CMA, Neuromodulation: Technology at the Neural Interface, Acapulco, Mexico, December 7-12, 2007.

## **CONTINUING MEDICAL EDUCATION, Continued**

Penn State, Certificate of AMA PRA, State College, Pennsylvania, Managing Chronic Pain Safely with Opioid Analgesics, August 31, 2008.

Purdue University, Certificate of AMA PRA, West Lafayette, Indiana, Myths and Facts: A Case-Based Approach to Identifying Appropriate Patients for Non-Steroidal Anti-Inflammatories, a Monograph, September 9, 2008.

The John Hopkins University School of Medicine, Baltimore, Maryland, Chronic Pain as a Chronic Disease: The Role of Long-Acting Opioids in Disease Management, September 5, 2008.

The John Hopkins University School of Medicine, Baltimore, Maryland, Opioid Risk Management: Unmet Needs, Risk Assessment, and Emerging Strategies. September 5, 2008.

The John Hopkins University School of Medicine, Baltimore, Maryland, Chronic Pain as a Chronic Disease: The Role of Long-Acting Opioids in Disease Management, September 5, 2008.

The John Hopkins University School of Medicine, Baltimore, Maryland, The Overlapping Pathogenesis of Depression and Pain, September 5, 2008.

The John Hopkins University School of Medicine, Baltimore, Maryland, A Case-Based Approach to the Management of Diabetic Peripheral Neuropathic Pain, September 5, 2008.